



EXECUTIVE SUMMARY

Recommendation that the Broward College District Board of Trustees authorize the standard agreement (purchase order) with CRC Recovery Foundation Inc. dba Living Skills in the School to provide a Mental Health Presentation to the Physical Therapy students. Fiscal Impact: \$1,666.00

Presenter(s): Jamonica Rolle, Vice Provost, Academic Affairs
Nora Powell, Dean, Health Sciences

What is the purpose of this contract and why is it needed? The purpose of this contract is to educate individuals about mental health conditions, symptoms, treatment options, and available resources. This can help reduce stigma and increase understanding. Also raise awareness about specific mental health issues or promote overall mental wellness. This may involve sharing statistics, personal stories, or information about risk factors and protective factors. The presentation may help to prevent mental health problems by providing strategies for coping with stress, building resilience, and maintaining good mental health habits, also by offering support by connecting them with resources, support groups, or professionals who can help. The students will also learn to seek help if they are struggling with their mental health is another key objective. This may involve providing information about where to find support and how to access mental health services.

What procurement process or bid waiver was used and why? Small purchase for Category One (\$0.00 - \$10,000) per College Procedure A6Hx2-6.34 was used, where there is no formal or informal competitive requirements for goods and services acquired by the College at this dollar threshold. One quote was obtained by the requesting department to identify the best value for the required commodity or service.

Is this a budgeted expenditure from the budget established at the last June Board of Trustees meeting?
Yes.

What fund, cost center and line item(s) were used? FD100, CC0087, GLC: 64500.

Has Broward College used this vendor before for these products or services? Yes.

Was the product or service acceptable in the past? Yes.

Was there a return on investment anticipated when entering this contract? Yes.

Was that return on investment not met, met, or exceeded and how? Met, the presentation on mental health empowered students to take care of their mental health, seek help when needed, and support others in their mental wellness journey. Several students reached out during the academic year regarding mental health support.

Does this directly or indirectly feed one of the Social Enterprise tactics and how? This contract feeds directly the Social Enterprise tactic-Answer the Call for Healthcare Professionals and Actualize Employment tactics.

Did the vendor amend Broward College's legal terms and conditions [to be answered by the Legal Office] if the College's standard contract was used and was this acceptable to the Legal Office?

The General Counsel's office has reviewed the agreement and any deviation to the College's standard terms has been deemed acceptable.

FISCAL IMPACT:

Description: Estimated \$1,666.00 Worktags: CC0087, FD100, BU020, PG000168, OP-24-000002

08/20/24

CC0087 · Dean for Health Science


(\$1,666.00)

Jo Anderson
Jo Anderson _____ 7/30/2024

APPROVAL PATH: 12243 CRC Recovery Foundation Inc. dba Living Skills in the School FY2024-2025 Presentation

 **Workflow**

 Edit View

 Add Work Item

Stage	Reviewer	Description	Due Date	Status	
1	Nora Powell	Dean Review		✔ Completed	
2	Jamonica Rolle	Vice Provost Review		✔ Completed	
3	Jeffrey Nasse	Provost and SVP of Academic Affair		✔ Completed	
4	Natalia Triana-Aristizabal	Contracts Coordinator		✔ Completed	
5	Zaida Riollano	Procurement Approval		✔ Completed	
6	Rabia Azhar	CFO Review		✔ Completed	
6	Christine Sims	Budget Departmental Review		✔ Completed	
6	Legal Services Review Group	Review and Approval for Form and		✔ Completed	
7	Board Clerk	Agenda Preparation		🕒 Pending	
8	District Board of Trustees	Board Meeting	09/24/24 11:00 AM	🕒 Pending	
9	Electronic Signature(s)	Signatures obtained via DocuSig 		🕒 Pending	
10	Natalia Triana-Aristizabal	Contracts Coordinator		🕒 Pending	

Exhibit A- Purchase Order STATEMENT OF WORK

Living Skills in the Schools

Presentation Fee: 2 presentations Total: \$1,666 (\$833 each)

Deliverables:

Audience: Community College Population

Demographics: Mature Students

Working Professionals

Parents

Proposed Presentation: Mental Health

Presentation Outline:

- What does Mental Health mean?
- Understanding the intersection of our Feelings, our Thoughts, and our Actions.
- Common types of mental illness: Anxiety disorder and Depression.
- The Function of Feelings: How to ride the waves of our feelings
- Maladaptive vs. Adaptive coping skills
- When is the right time to reach out for help?
- How to help those around you.
- What types of help can be available and why ignoring our mental health can make it difficult to succeed?

Intended Learning Outcomes:

1. Participants will be challenged to look past the stigma of mental illness and see that mental health issues exist at the intersection of unbalanced feelings, thoughts, and actions.
2. We will review signs of unhealthy patterns and experiencing being stuck in persistently negative feelings and thoughts.
3. We will review the signs and symptoms of depression and anxiety as they are the most commonly reported mental health disorders in the US.
4. Participants will also learn the importance of experiencing the full range of emotions that embody the human experience.
5. We will discuss strategies to manage uncomfortable feelings by reviewing the difference between adaptive vs. maladaptive coping skills.
6. We will review how to recognize when it is time to reach out for support and how to recognize these signs in those around us.

Timeline: 1 delivery date (2 presentations) between September 1st, 2024- October 15th, 2024

1. The mental health presentation will be delivered by a credentialed professional (LMFT or LCSW).
2. It will be one hour in length and customized to meet the needs of the audience.
3. Credentialed professionals will facilitate Q&A (LMFT or LCSW).
4. Implement a faculty feedback form for course evaluation (online survey).